‘Our place of peace ... we’ll never feel the same’

Heartbreaking return to Quebec City mosque metroNEWS

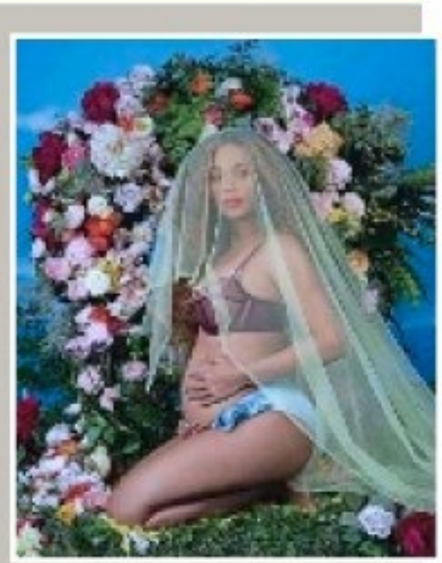
Toronto metro

Your essential daily news | THURSDAY, FEBRUARY 2, 2017 | High -3°C/Low -10°C Mix of sun and cloud

TWINS

MOTHERHOOD, AS DECREED BY QUEEN BEY

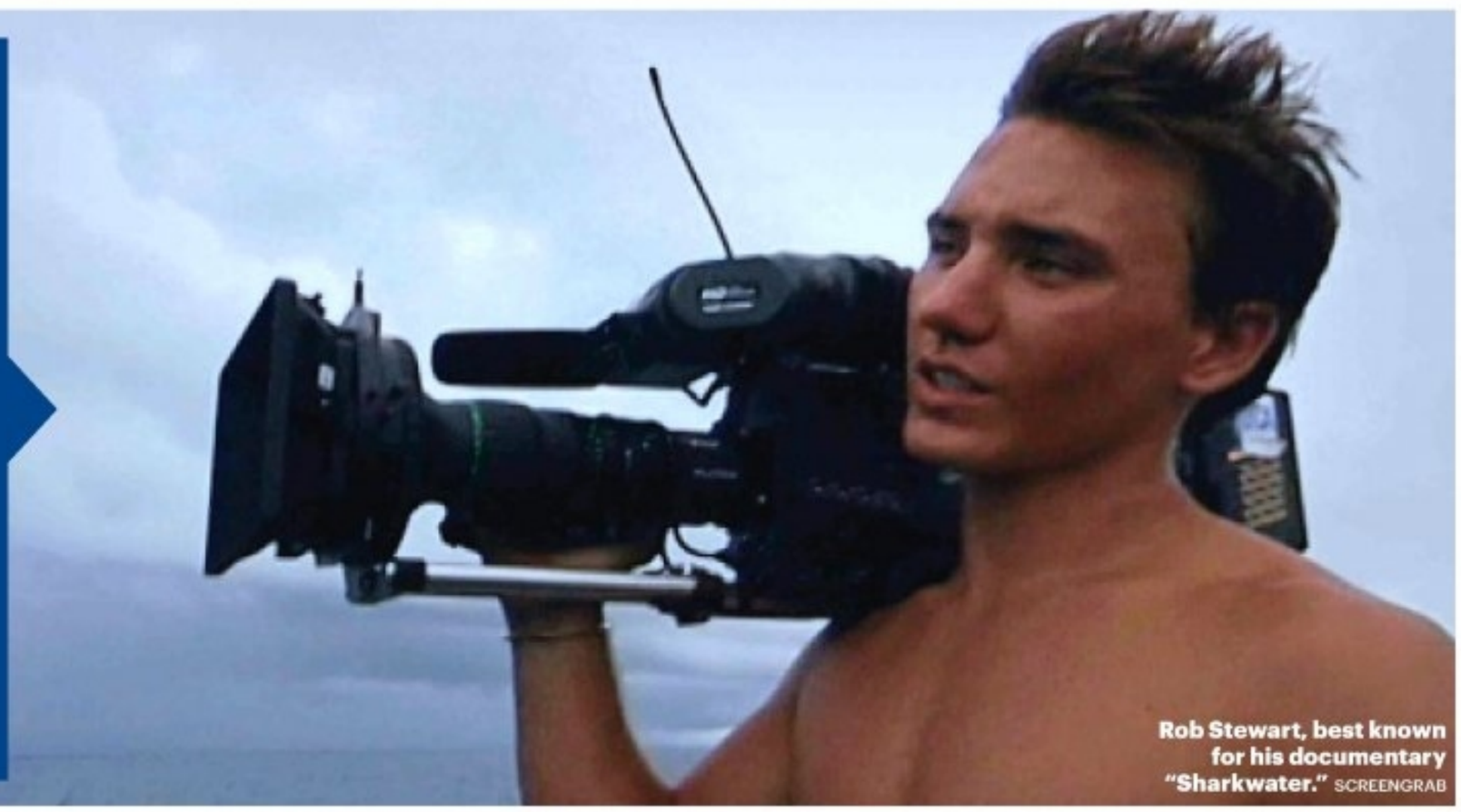
metroLIFE



LOST AT SEA

Family of Toronto filmmaker fearing the worst, but still ‘have hope’

metroNEWS



Rob Stewart, best known for his documentary “Sharkwater.” SCREENGRAB

Toronto’s patio life threatened

LICENSING

Proposed fee hikes could reach 1,000% for businesses

You could call it a war on fun in Toronto.

A city staff proposal to dramatically boost fees charged to operate sidewalk cafés and patios is being called just that with some restaurant and bar owners predicting it will lead to fewer outdoor spaces for residents to eat and drink.

Toronto has a history of “that Puritan, no-fun culture, unfortunately,” and these proposed fee hikes continue in that tradition, says Richard Pope, owner of Northwood on Bloor Street West, near Christie Street. His $1,400-a-year patio permit fee would jump to about $14,000 annually under the proposal.

“They don’t want to come out and say, ‘We’re going to kill fun in this city.’ They want to make it like it’s us choosing not to have patios because of the fee, when financially it doesn’t make sense.”

City licensing staff insist nothing has been decided and the proposed fee hikes for patio serving alcohol of, in some cases, more than 1,000 per cent for the use of public property, are part of a broader review aimed at harmonizing sidewalk café and sidewalk marketing display bylaws across the city. The proposed fee structure varies depending on where the patio is located in the city.

“They are not cast in stone,” Carleton Grant, director of policy and strategic report with the city’s municipal standards and licensing division, told a stakeholder meeting this week. “We also recognize these fee increases are sensitive.”

A final report will go to council’s licensing and standards committee in April.

The proposed fees would go into effect in early 2018 and would be phased-in over three to five years for existing permit holders because they are “substantially higher than the existing fees,” said Hamish Goodwin, a senior policy and research officer with the licensing department.

“In recognition of that, we are exploring how we can soften that,” he told the meeting. New permit applicants would pay the whole shot. The base fees were set about 20 years ago and have risen only with the rate of inflation.

Patrick Morrison, head of the Kensington Market BIA, representing about 250 businesses, said the proposed increases are “outrageous,” and “not only an assault on small, independent merchants, but also on the streetscape of Toronto, particularly downtown.”

TORSTAR NEWS SERVICE

CHANTAL HÉBERT | TRUDEAU’S WORDS NEVER MATCHED HIS ACTIONS ON ELECTORAL REFORM

VICKY MOCHAMA | WHEN PIGSKIN TACKLES POLITICS | metro VIEWS

Toronto DIGEST

TRANSIT REBATES
GO ponies up $4M
GO Transit has given its customers almost $4 million worth of refunds for delayed trains over the past three years,

And while the transit agency cut down on the amount it paid out in 2016 compared to the year before, GO issued about $300,000 more in rebates last year than it did in 2014.

TORSTAR NEWS SERVICE

MARIJUANA STOCKS
High finance on Bay
Bay Street is in the TSX:WEED business, courtesy of a new stock ticker for "marijuana unicorn" Canopy Growth Inc.

The Ontario-based company's fortunes have been buoyed by Prime Minister Justin Trudeau's campaign promise to legalize and regulate recreational marijuana in Canada.

ANDREW FIFIELD/METRO

#SAVETHE21
Dogs have champions
Celebrities from Paris Hilton to Don Cherry are stepping up to protest a court application by the Ontario SPCA to euthanize 21 dogs rescued in 2015 from an alleged dog-fighting ring in Tilbury.

The Facebook campaign, #SaveThe21, was launched by King City-based Dog Tales Rescue and Sanctuary.

TORSTAR NEWS SERVICE

MARKETING
Controversial coffee
Toronto café Run and Gun Coffee is in hot water after a news report mentioned a latte called the Tupac, which "has five shots, and is dotted with five milk "bullet holes."'

It's an apparent reference to rapper Tupac Shakur, who was gunned down in 1996. But the café owner said the drink isn't on the menu.

TORSTAR NEWS SERVICE

Drive together, save together!
CARPOOL
CARPOOL WEEK
February 6 to 12, 2017
Log your trip at smartcommute.ca/carpool
to win a $500 VIA Rail Travel voucher
Smart Commute
A Program of METROLINX
Grand Prize sponsor:
VIA Rail Canada
CONTEST PERIOD FROM FEBRUARY 1 TO 12, 2017
@SmartCommute #carpoolweek
Pour plus de renseignements, veuillez visiter le site smartcommute.ca/fr

A flashmob performs the song in Washington. COURTESY LIZ ANNE HILL

An anthem that inspires

ACTIVISM

Song created by survivor of abuse, racism

May Warren
Metro | Toronto

Connie Lim remembers being haunted by nightmares where she was bullied and beaten.

Over and over someone would tell her just to put up with it, that it would be over soon.

"I said in my dream, 'I can't keep quiet,'" the performing artist better known as MILCK told Metro over the phone from Los Angeles.

Those words inspired her to write a song of the same name that went viral after she performed it at the Women's March on Washington with a flash mob. Now, she's bringing it to Toronto for a fundraising sing-a-long with Choir! Choir! Choir!

Lim wrote the song about a year ago as a way to express what she felt as a survivor of abuse and as someone who had experienced sexism and racism as an Asian-American.

But during the U.S. presidential election it took on another meaning.

"What threw me off about the whole election was that so much aggressive and disrespectful dialogue was thrown around," she said. "I was really disheartened."

She decided to release the single the week of the women's march and recruited women from a capella groups in Washington, D.C., to sing with her as they took over the streets.

> **I want to give people a way of feeling they're doing something beautiful.**
> Connie Lim, a.k.a. MILCK

It quickly became a kind of anthem for the event.

After attending the Portland women's march with fellow Choir!Choir!Choir! founder Nobu Adilman, Daveed Goldman saw a clip of the video performance and reached out to Lim.

The event, planned for Monday at the Phoenix theatre, is a fundraiser for the American Civil Liberties Association, which is fighting Trump's ban on people from seven Muslim-majority countries.

TORONTO MOBILE VETERINARY SERVICES
Follow Dr. Tina on YouTube
Professional & friendly veterinary care all in the comfort of your own home!! We provide general, emergency and procedural services and much more!!
Open after-hours, weekends and holidays.
Call 647.389.4VET (4838) OR
visit www.tomobilevet.com for an appointment TODAY!!

metro NEWS
Your essential daily news

Barack Obama was all smiles during his well-earned vacation in the British Virgin Islands.

Saving 401 Richmond

A former factory, 401 Richmond St. has been an affordable haven for arts and culture groups over two decades. With a looming tax hike that could double rent, the residents are rallying to keep the doors open. Toronto, led by Coun. Joe Cressy, has asked the province to change the tax code so owners of historically relevant and culturally important buildings like this one can get a break. Metro went inside to capture some of the people and businesses at risk.

GILBERT NGABO/METRO

Christine Koch, printmaker and artist-in-residence at Open Studio, a printmaking centre.

Darren Rigo, head of membership at Gallery 44 Centre for Contemporary Photography.

Murat and Ayfer Saman, graphic designers at Saman Designs Inc.

Winnie Luk, director of operations and events at Inside Out, an LGBTQ film production company.

Dave Molenhuis, accounts manager at Between the Lines Publishing Company.

Susan Dicks, owner of Susan Dicks & Company, which makes costumes and custom garments.

Winnie Truong and Kris Knight, artists who use the space as their studio.

Esmereda Enrique, flamenco instructor, owner of Esmeralda Enrique Spanish Dance Company.

James Kinistino, DOP, VP, Big Soul Productions Inc., Indigenous-owned production company.

PHOTOS EDUARDO LIMA/METRO

How to help

For the latest on how to get involved in the fight to save the facility, check @401Richmond on Twitter or visit 401richmond.com

Sanctuary city status hard pill to swallow

COUNCIL

Minnan-Wong and Holyday oppose Tory's motion

Gilbert Ngabo
Metro | Toronto

Coun. Stephen Holyday, left, said he didn't fully understand what a sanctuary city means while **deputy mayor Denzil Minnan-Wong,** right, walked out before the vote. TORSTAR NEWS SERVICE FILE

Why would a city councillor oppose a proposal reaffirming Toronto's status as a sanctuary city?

If you're Stephen Holyday, it all comes down do a simple concept: Comprehension.

"I really don't fully understand what an undocumented Torontonian means and what being a sanctuary city means," said the Ward 4 councillor, noting the concept was debated and adopted before he sat on council.

The 40-year-old rookie councillor was one of two who firmly opposed Mayor John Tory's motion on Tuesday, which reaffirmed Toronto as a welcoming place where all residents have the right to access city services regardless of their legal status.

The other was deputy mayor Denzil Minnan-Wong, who chose to walk out of council chambers as the motion was put to a vote and didn't return Metro's requests for comment on Wednesday. He was one of eight councillors who voted against adopting sanctuary city status back in 2014.

At the time, he said illegal immigrants and undocumented workers "are an insult to every immigrant who played by the rules to get into this country" and "should be removed."

Holyday, meanwhile, said he doesn't harbour negative or misguided beliefs about immigrants. His vote simply represented a "prudent" approach to an issue about which he didn't grasp the full implications, he told Metro.

"I'm not an unwelcoming person," he said. "But you have a heavy term sprung on you and you have to make a decision on the spot."

HOUSING

Shelters struggle to cope with refugees

At one Toronto refugee shelter, a family with four kids was asked to give up one of their two rooms for a newly arrived family so both could have a roof over their heads.

At another, in the west end, a family of three stored their luggage in the staff office and spent the night in what's supposed to be the TV room for other residents.

The recent shelter crunch has even prompted the Romero House, which has four locations in Toronto, to launch a community host program to ask neighbours, friends and supporters to open their homes to accommodate the overflow until a shelter bed is available for those knocking on its doors.

> **We have never seen the lack of space like what we are seeing now.**
> Hannah Deloughery

Since the beginning of the fall, the peak season for refugee arrivals, Toronto's already strained refugee shelter system has been dealing with what some operators call an unprecedented bed shortage. Some operators are even referring callers to shelters in Hamilton.

The system is expected to be further strained with more asylum seekers anticipated to arrive via the United States after the Trump administration's recent executive order to limit immigration and refugees that is widely viewed by the immigrant communities there as xenophobic.

Over the last few months, both Manitoba and Quebec have reported a spike in migrants smuggling through the U.S. border for asylum in Canada.

"We have had an overcrowded system because of the lack of affordable housing in the city and people are staying in shelters longer," said Hannah Deloughery, a housing co-ordinator at Romero House, which can accommodate as many as 40 residents at its locations. "But we have never seen the lack of space like what we are seeing now."

TORSTAR NEWS SERVICE

WE NEED MALES & POST MENOPAUSAL OR SURGICALLY STERILE FEMALES

Are you a healthy, MALE or POST-MENOPAUSAL OR SURGICALLY STERILE FEMALE 18 - 65 YEARS OF AGE?

- Free of daily medications?

If so, provide a blood sample and we will determine the level of triglyceride and cholesterol in your blood. You will be compensated $50 at the time of blood draw for your participation in this testing. The results of this testing may help identify you as a potential candidate for our upcoming clinical research study which could provide compensation up to $4,000.

BioPharma SERVICES INC.
Research. Results. Reliability.

CALL: 416-747-5246 Toll Free: 1-866-747-5246
Mon-Fri: 8a m-6pm, Sat-Sun: 10am-6pm
4000 Weston Road, Toronto | www.biopharmaservices.com

Filmmaker goes missing

FLORIDA KEYS

Rescue efforts continue after disappearance during dive

As the sun set on Wednesday, the family of Rob Stewart remained hopeful he'd be found, after the Toronto filmmaker and environmental activist disappeared during a dive off the coast of Florida on Tuesday.

A spokesperson for the U.S. Coast Guard said efforts to rescue Stewart would continue throughout the night and into Thursday morning.

"They're trying their utmost to be as positive as possible," said Victoria Gormley, a spokesperson for the family. "They're clearly devastated. This is a scary situation."

Stewart disappeared Tuesday following an incident that left his diving partner unconscious, his sister said.

Stewart, 37, was in Florida to film a documentary called Sharkwater: Extinction when he apparently slipped under the water during a dive near the Florida Keys.

Filmmaker Rob Stewart of Toronto, best known for his documentary Sharkwater, went missing Tuesday during a dive off the Florida Keys. ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

"He had surfaced and gave the OK sign and then he was gone," his sister, Alexandra Stewart, said Wednesday.

"The other diver got on board and was struggling to get on board and then fell unconscious," she said.

The crew of the boat lost sight of Stewart amid the commotion, she said. Stewart's sister said there's a concern that her brother lost consciousness as well.

"We've heard that people can survive more than 72 hours in these waters," she said. "It's still a surface search, which is great news."

The dive was her brother's third of the day, she said, noting that he and his diving partner had gone down about 70 metres.

Stewart is an experienced diver who started underwater photography at age 13 and had qualified as a scuba instructor trainer by 18.

"He's got everything going for him in terms of his ability in open water," said Gormley.

His family is in shock, Alexandra Stewart said.

"I'm doing terribly. We all are, but we have hope."

She said husband and parents are in Florida helping to manage search efforts, but they still need those with experience to join the search that is being co-ordinated by the U.S. Coast Guard.

A gofundme.com site has been set up in case a prolonged search needs to be mounted.

The search team is using a helicopter, boats and divers, and includes members of the U.S. navy, the Florida Fish and Wildlife Conservation Commission and the Monroe County Sheriff's Office.

"They're going to be out there all night long," said Coast Guard spokesperson Jonathan Lally.

Stewart is known for his documentaries, which include Revolution, and his memoir, Save the Humans. TORSTAR NEWS SERVICE

Protest on Wednesday at city hall. TORSTAR NEWS SERVICE

Group protests bylaw

When members of the Sakinah Community Center purchased a former warehouse on Birchmount Road in Scarborough, they saw it as their dream home for a mosque, school and gathering space. But rules already in place made that dream impossible.

In 2013, council enacted a bylaw governing what can be built on employment lands, where the Scarborough warehouse sits. It bars places of worship and other "sensitive" uses like schools which the city says are incompatible with industrial facilities.

Frustration in the Muslim community peaked Wednesday with hundreds of members filling the main rotunda and second floor of city hall in protest, calling the bylaw "discriminatory."

TORSTAR NEWS SERVICE

Harry's Final Markdowns

UP TO 60% OFF*

Shop now! Sale ends soon.
Further markdowns have been taken online and throughout our stores on all remaining sale merchandise: suits, sports jackets, outerwear, dress trousers, dress shirts, sportswear, ties, shoes* and more.

*Not all merchandise on sale. Shoes on sale at Eaton Centre, First Canadian Place, and Yorkdale Shopping Centre only.

HARRY ROSEN

HARRYROSEN.COM

82 BLOOR STREET WEST 416.972.0556 • EATON CENTRE 416.598.8885 • FIRST CANADIAN PLACE 416.981.9097
SQUARE ONE 905.896.1103 • SHERWAY GARDENS 416.620.6967 • YORKDALE SHOPPING CENTRE 416.787.4231

Heartbreaking return to mosque

QUEBEC CITY

Praying will not be the same, attendants say

Blood stains are shown inside a Quebec City mosque on Wednesday. JACQUES BOISSINOT/THE CANADIAN PRESS

Three Muslims returned to the Centre Culturel Islamique de Québec before dawn Wednesday for morning prayers, kneeling on carpets still blood-stained from the attack that took place.

The shoes of the six men shot dead were still at the entrance. Bullet holes pierced the walls. Blood stains blemished green and beige carpets.

Hearing it was reopened, members of the congregation trickled in slowly to see their place of worship forever changed.

"It's not the same feeling that I had felt (for this mosque)," Amel Henchere said between sobs. "Before the drama this was our place of culture, our place of peace … we'll never feel the same."

She added that it was important for her to come back to her community space, despite the grief, to fight her fears.

"It's hard for all of us to come back here and pray," agreed Ahmed Elrefai, who said there were three worshippers in attendance. "But people are urging us to open as soon as possible. So we prayed, even with the blood on the floor."

A prayer mat and toppled microphone lay at the front of the room, soiled with blood and surrounded by broken drywall from the bullet holes that pierced the walls. Bloodstains trail down stairs into the basement, where victims went into hiding after they had been shot.

Everything will change here, said Samir, who declined to give his last name, but administers the mosque's Facebook page.

Samir said police returned the keys to the congregation late Tuesday night. While the mosque is now open, he said that he doesn't believe the congregation will pray the same way again, with their backs to the door.

"We have fear behind us," he said. "I don't know how we will be able to turn our backs on that … We have to find a way to protect ourselves." TORSTAR NEWS SERVICE

150 ways of looking at Canada

POSTCARD #2

EDMONTON RIVER VALLEY

THE RIVER VALLEY OF EDMONTON: A HAVEN ALL YEAR ROUND.
MARLENE LICUP, EDMONTON, ATLA.

SEND US YOUR POSTCARD Each day until July 1, Metro will feature one reader's postcard in our editions across the county, on Metronews.ca and our 150postcards Instagram page. You can get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. You can email us at **scene@metronews.ca** or post to Instagram or Twitter with the hashtag **#150postcards**.

IDENTITY

Survey asks what it takes to be 'one of us'

Who is a "true Canadian?" For the majority of respondents in a new survey, it's somebody who not only speaks English or French but also "shares Canadian customs and traditions" — a marker that Canadians prioritized more than even the Australians, French or Americans.

With an eye on nationalist movements and rising anti-immigrant sentiment, the Pew Research Center surveyed more than 14,500 people in 14 countries by asking: What does it take to be "one of us?"

In a report released Wednesday, Pew researchers found language was the most critical factor for how people defined a "true" member of their nation, with the Netherlands, Hungary and United Kingdom placing the highest premium on it.

Canadians and Italians were the least likely to link language with national identity. But in Canada, 54 per cent of 1,020 respondents placed a high premium on shared "customs and traditions" when defining the Canadian identity.

TORSTAR NEWS SERVICE

SAVE THIS WEEK ONLY
February 2 – 8
JUST IN TIME FOR THE BIG GAME, GET A FREE "FOOTBALL MEASURING GLASS"
with a purchase of Forty Creek Barrel Select Canadian Whisky
WHILE SUPPLIES LAST.
AVAILABLE IN SELECT STORES ONLY.
BONUS
SAVE $1.50
FORTY CREEK
BARREL SELECT WHISKY
Medium & Spicy
550715 750 mL
Reg. $27.95
NOW $26.45
SAVE $1.50
LET'S GET LCBO TOGETHER
GET SOCIAL
PLEASE DRINK RESPONSIBLY
Featured products available at select LCBO stores, while supplies last. Prices subject to change without notice.
Price offers in effect until February 8, 2017. Le contenu de cette publication est offert en français sur notre site web: lcbo.com/publicite

Black History Month talk all about Trump

POLITICS

President discussed evils of media and own triumphs

President Donald Trump holds an African-American History Month listening session in the Roosevelt Room of the White House on Wednesday in Washington, DC. AFP/GETTY IMAGES

Happy Black History Month, everyone. Have you heard about the greatness and persecution of Donald J. Trump?

The president of the United States held an "African-American History Month listening session" in the Roosevelt Room of the White House on Wednesday. He began with a five-minute monologue that was more about himself — his campaign, his popularity, his alleged mistreatment by the media — than it was about African-Americans.

"OH. MY. EFFING. GAWD. Trump's Black History Month speech is an abomination," Sil Lai Abrams, author of the book Black Lotus, wrote in a representative post on Twitter.

Trump's remarks bore no resemblance to the Black History Month speeches of Democrat Barack Obama, the first black president, nor did they resemble those of Republican George W. Bush. Trump appeared more interested in the evils of the media and triumphs of his own.

His third paragraph, for example, started with a lone sentence about the Rev. Martin Luther King Jr. It was followed by 10 sentences of media criticism.

Trump said King's "incredible example is unique in American history." Immediately, he pivoted to his oft-repeated gripe about a Time reporter's erroneous claim — which the reporter quickly corrected and apologized for — that he had removed a King bust from the Oval Office after moving in.

"You read all about Dr. Martin Luther King a week ago when somebody said I took the statue out of my office. And it turned out that that was fake news," Trump said. TORSTAR NEWS SERVICE

Global digest

UNITED KINGDOM

Brexit inching closer

Britain moved closer to leaving the European Union Wednesday as lawmakers backed a bill authorizing divorce proceedings and kept alive the government's plan to trigger Brexit talks within weeks.

THE ASSOCIATED PRESS

IRAN

U.S. puts Iran 'on notice'

The White House issued a cryptic warning Wednesday that the U.S. will act against Iran unless it stops testing ballistic missiles and supporting rebels in Yemen, but declined to say what actions would be pursued.

THE ASSOCIATED PRESS

YEMEN

Trump makes surprise trip to honour fallen soldier

Assuming the sombre duties of president, Donald Trump made an unannounced trip Wednesday to honour the returning remains of William Owens, a Navy SEAL killed in a weekend raid in Yemen.

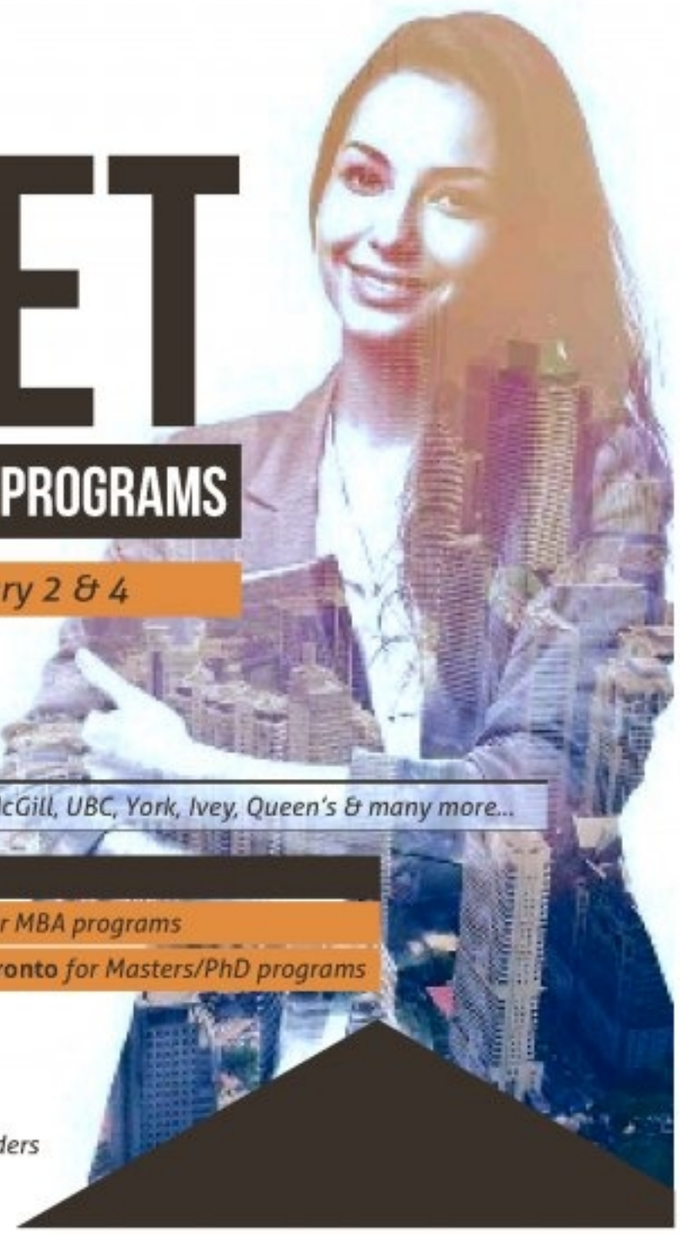
THE ASSOCIATED PRESS

QS

MEET

TOP GRAD & MBA PROGRAMS

Toronto, February 2 & 4



Harvard, U of Toronto, NYU, McGill, UBC, York, Ivey, Queen's & many more...

REGISTER NOW:

TopMBA.com/MetroToronto for MBA programs

TopUniversities.com/MetroToronto for Masters/PhD programs

Free entry for Metro Toronto readers

We are looking for volunteers!

Men and/or Women, aged 18 yrs. or older

Lambda Therapeutic Research Inc specializes in conducting clinical research trials. We are looking for healthy non-smoking individuals to participate in upcoming studies. Participants are compensated for their time.Compensation may range from $750 to $3500 depending on study duration.

Refer a friend and you may receive $100!

Please contact for more information:

LAMBDA Lambda Therapeutic Research

416-752-3333 Toll Free: 1-866-207-3333

Mon-Fri: 9am-5pm

www.lambdacanada-cro.com www.todaysresearch.com

Location: 460 Comstock Road, Toronto, M1L 4S4

follow us on

Essential Skills Upgrading

Upgrade your skills. Your future starts now.

www.upgrademyskills.ca | FREE adult classes

Improve your

READING

WRITING

MATH

Many locations in the GTA

West - (416) 394-3809

South/Central - (416) 393-1995

East - (416) 396-6904

Operated by Toronto District School Board

Funded by EMPLOYMENT ONTARIO

metro VIEWS
Your essential daily news
Thursday, February 2, 2017

CHANTAL HÉBERT ON THE PM'S BROKEN PROMISE

It is fair to ask whether Trudeau was ever serious about keeping his word to Canadians (on electoral reform). From day one, his government's actions never matched his words.

As recently as his town hall tour Trudeau was insisting that he was still interested in changing the voting system.

In early December, the prime minister similarly told the Star editorial board that he remained committed to having a new system in place by 2019.

"I make promises because I believe in them... Canadians don't expect us to throw up our hands when things get difficult," he proclaimed.

But things, as it turned out, never had a chance to get difficult.

For it is fair to ask whether Trudeau was ever serious about keeping his word to Canadians. From day one, his government's actions on the file never matched his words.

With a clock ticking on the logistical feasibility of replacing the first-past-the-post system in time for 2019, it took months for a special parliamentary committee to be set up.

Once it was in place, the government never advanced a position or tried, in any way, to craft the consensus that it now says it has failed to find.

For months on end, the opposition parties and Canadians alike were left to try to divine Trudeau's thinking.

At times, it was as if the Liberals were going out of their way to ensure that no pattern could be discerned in the tea leaves they purported to be guided by.

They rejected both the notion of putting various options to a consultative referendum or of asking Canadians for their preference in the massive online consultation they engaged in at the end of last year.

PLUS ÇA CHANGE The Liberals' retreat on electoral reform echoes Jean Chrétien's abandonment of his vow to replace the GST, Chantal Hébert writes. ADRIAN WYLD/THE CANADIAN PRESS

In politics, a consensus is not like a rare mushroom only to be found by an extraordinarily lucky hunter. In any event, in this case, the government seemed more concerned with burying any hint of a consensus than unearthing one.

It is true that the exercise did not elicit much appetite for a ranked ballot, Trudeau's preferred alternative to the first-past-the-post system. But then it is not as if the government even tried to make a case for it.

The opposition parties feel that they were taken for a yearlong ride, and it is hard to disagree with them.

As the sole elected MP of her party, Green leader Elizabeth May did double and triple duty last fall to participate in the process. Electoral reform is a long-standing priority of her party. On Wednesday she said she had never felt so betrayed by a government.

For his part, the NDP's Nathan Cullen called the prime minister a liar.

Expect parliamentary co-operation, going forward, to be hard to come by.

There are those who will argue that Trudeau is wise to walk away from his electoral reform promise as he needs to clear the decks to focus on the Canada/U.S. front.

But then one could make that same pronouncement about many other Liberal commitments including some that are more likely to act as irritants in dealing with the new White House. The plan to legalize marijuana comes to mind.

The election of Donald Trump has brought about a major reallocation of government resources on Parliament Hill. But it would be easier to find virtue in the government's timing if it had shown one ounce of political will to fulfil its promise in the full year that preceded the American election.

Or if Trudeau had not continued to maintain he still meant to go through with changing the voting system months after Trump's victory.

The prime minister could have come to Canadians this week to say he had underestimated the time required to reform the system and that he needed to push back the deadline for achieving his goal beyond 2019. But Wednesday's announcement was about pulling the plug on the plan, not about recasting it.

Canadian voters are a forgiving lot. The assumption by Liberal government strategists that most will not be inclined to punish Trudeau for breaking a promise that never ranked high in the electorate's list of priorities is probably right.

After all, a plurality of Canadians did not hold it against Jean Chrétien that he broke the more central promise to replace the GST.

There are parallels. Both commitments were shiny Liberal platform objects that turned out to be little more than cheap props. Plus ça change!

The government seemed more concerned with burying any hint of a consensus than unearthing one.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

VICKY MOCHAMA

Face it: Politics and pigskin come as a pair

For the first time, I'm ever-so-slightly cheering against my own team. I am a New England Patriots fan and even I have to admit this amounts to being a Trump supporter.

In late 2015, a reporter noticed that Patriots quarterback Tom Brady had a Make America Great Again hat in his locker. When asked if he thought Trump would make a good president, Brady said, "I hope so. That would be great." He has since been banned from talking about politics by his wife, Gisele Bundchen.

Despite what Gisele wants, football is inseparable from politics and always has been. From the civil-rights actions of players in the '60s to today's issues around domestic violence and concussion science, the politics of the pigskin reflect the politics of the day.

The Patriots are owned by Robert Kraft, an ardent Trump supporter. And head coach Bill Belichick, though unwilling to say it out loud, is enough of a fan that he sent Trump a letter of support. The man barely speaks to media; what is he doing writing a whole letter?

When I would explain where the Patriots fandom lies in the football landscape, I used to say, "It's like cheering for Scar in the Lion King." Since the team's leadership is firmly pro-Trump and bound for another Super Bowl, I'll probably add, "Now imagine if Scar won the Electoral College but not the popular vote."

As a black person, I can't even believe I'm in the position of cheering for a team so white they have men in Minutemen regalia who fire muskets at the end of a touchdown.

I get even more distraught when thinking about the opposing team: the scrappy Atlanta Falcons. Where the Pats are rooted in white Bostonian culture, the Falcons are a reflection of Atlanta's rich black life. Michael Vick, a former quarterback, wrote for Players, "… it meant a lot to me to be able to give the black kids of Atlanta their very own black quarterback."

Arthur Blank, the Falcons' owner, is noted for his philanthropy and generosity to Democratic Party causes. He's also Jewish, and recently criticized Trump for omitting Jews from his Holocaust remembrance message.

There's not even a break from politics during commercial breaks. Budweiser's Super Bowl ad shows the immigrant origin story that led to the creation of beer giant Anheuser-Busch InBev. (InBev came much later via mergers and acquisitions. I look forward to that commercial.) A handful of others carry a political message: KIA would like you think about the environment, Audi has some questions about gender equity (the answer is: buy an Audi); even GoDaddy winks at women in tech.

In its loud, contradictory and hyper capitalist way, the Super Bowl distils the complicated nature of our politics. Every day we vote with our choices. So sometimes, in cheering for the Patriots, I, like many, find myself rooting against my interests.

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout

MANAGING EDITOR TORONTO
Angela Mullins

ADVERTISER INQUIRIES
adinfotoronto@metronews.ca
General phone 416-486-4900

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at
www.mymetrostore.ca

metro LIFE

Your essential daily news

Hillary Clinton will reflect on her election loss in a new book coming out this fall

A GUIDE TO TELEVISION ZOMBIES

The Walking Dead's return is a week away, but here's something to sate your appetite, zombie fans: **Netflix's Santa Clarita Diet**, dropping Friday. Drew Barrymore's suburban realtor mom with a gory secret is the latest addition to the ever-growing roster of TV's undead. **Here's a primer on five shows to catch this year with varying degrees of humour, heart and braaaaains**. Minor spoilers follow. EVA LAM/METRO

The Walking Dead (AMC)

What's the zombie science?: The z-word is never used: biter, the infected and, oddly, geek are other sobriquets. Every human is infected with a virus that reanimates them after death, unless the brain is destroyed. We may never know the whole story; creator Robert Kirkman said defining the outbreak's origins isn't a priority. **How traditional are the zombies?** Like the gold-standard Romero zombie, walkers are relatively slow and not terribly intelligent. While the undead present a very real danger, TWD's various human villains drive home the message that Man Is The Real Monster, **which makes this series ideal for fans of:** Night of the Living Dead, 28 Days Later. **Mid-S7 premieres Feb. 12.**

Z Nation (SyFy)

What's the zombie science? The Centers for Disease Control-dubbed ZN1 virus is responsible for turning the world into a zombie wasteland, and as with TWD, only brain trauma can kill a victim. A sole human, a prisoner named Murphy, appears to be immune to infection three years after the initial outbreak. **How traditional are the zombies?** Hey Walking Dead, Z Nation sees your melted walkers and raises you irradiated zombies and zombie-plant hybrids. Aside from these fancy outliers that appear in a few episodes, the zombies of Z Nation are generally faster than those of TWD, especially when they are "fresh." And without giving too much away, did someone say zombie telepathy? **For fans of:** Resident Evil, From Dusk Till Dawn. **S4 premieres later this year.**

Santa Clarita Diet (Netflix)

What's the zombie science? Drew Barrymore's Sheila Hammond has an epic pukefest, dies and wakes up craving tasty human flesh. The "why" isn't entirely clear but hey, on to the wacky hijinks. **How traditional are the zombies?** Sheila's no shambling, dead-eyed ghoul. She resurrects with heightened energy and confidence; as she perkily tells her concerned yet supportive husband Joel, she may eat people but she "can also parallel park in one move now." **For fans of:** Dexter, United States of Tara. **Series premieres Feb. 3**

iZombie (The CW)

What's the zombie science? This is one sports drink that should come with a whopper of a warning: The popular in-universe Max Rager beverage, taken in combination with a street drug, has the side effect of zombie-ism. Humans can also be turned through sexual contact or a scratch, the latter being how our hero Liv Moore becomes iZombie. **How traditional are the zombies?** Liv craves brains, and if she goes without for too long she becomes dumber and more aggressive. Liv finds a steady source of non-living brains through her job at the medical examiner's office. Each brain she eats gives her the person's memories and personality for a short time, and like an undead Nancy Drew she uses her newfound powers to help solve the person's murder. **For fans of:** Veronica Mars, Dead Like Me. **S3 premieres April 4.**

Glitch (Netflix)

What's the zombie science? The mystery behind the resurrection of a group of strangers in the fictional Australian town of Yoranna is a major plot point. Hints are dropped about the involvement of a shady pharmaceutical company as a police officer and a doctor investigate the events. **How traditional are the zombies?** The risen notably do NOT crave brains and other than some initial confusion and amnesia appear to be in perfect health, whether they've been dead for two years or 200, with all their original personality and skills, including, in one character's case, playing the piano. They're preoccupied with all-too-human matters like love triangles and estate disputes. **For fans of:** The Returned, The OA. **S2 premieres later this year.**

Inside the secret doors of old Montreal

INTERVIEW

Heather O'Neill mixes modern issues in sultry, classic setting

Sue Carter
For Metro Canada

Heather O'Neill was raised on stories about Montreal's seedy underworld, thanks to her father, who grew up in the Quebec city during the Depression. While most of North America was dry under Prohibition law, 1930s Montreal gained a well-founded reputation as a sin city where the alcohol still flowed and the riotous fun ran past dawn. St-Laurent Boulevard was lined with vaudeville cabarets drawing in some of the world's biggest acts, while St-Catherine Street attracted crowds of both locals and tourists, not to mention the American military, there looking for a good time.

"There were brothels and secret doors, and booze and drugs," says O'Neill. "It was notoriously wild." The port cleaned up somewhat at the end of the 1940s after the American Navy threatened to stop its soldiers from docking because too many of them were coming home with venereal diseases, but the city of saints never lost its appeal as a party destination.

O'Neill was first inspired to write about the era's grit and glam while in her early twenties. She became preoccupied with the idea, hoping to turn her various sketches of gangster-like characters into a book, but felt it was beyond her abilities then as a young writer. And so she filed her stories away in the proverbial drawer, and continued on with other projects, including her 2006 award-winning debut novel Lullabies for Little Criminals, which established O'Neill as a fresh, exciting new voice in CanLit and a successor to Mordecai Richler as Montreal's literary patron saint. After finishing her second novel, 2015's Giller Prize–shortlisted The Girl Who Was Saturday Night, O'Neill decided take another crack at another story set in early 20th-century Montreal with her new novel, The Lonely Hearts Hotel.

The book follows the troubled lives of two orphans, Rose and Pierrot, raised in an orphanage by malevolent nuns who viciously abuse them in horrifying ways. But the two rise above the violence, connected through some kind of otherworldly energy that especially sparks when Rose performs her mesmerizing dances accompanied by Pierrot's piano. The two are separated for years, but reunite to fulfill a childhood dream of creating a magical circus performance — a revue filled with smart-talking showgirls and sad clowns.

While the novel could be easily read as a love story or a modern fairy tale, The Lonely Hearts Hotel also draws on existentialism and post-modern feminist thinking, mostly emerging through Rose's radical thoughts and forceful nature, which never wanes despite the desperate situations she encounters throughout her young life.

"I applied darker observations that I've had as a woman in the world," O'Neill says. "So many of the issues that we're facing now are exactly the same. It's so frustrating."

Although she reaches back in time, The Lonely Hearts Hotel also features many of what have become O'Neill's signature themes and character types. There are plenty of drugs and sex. There is unrelenting poverty and heartbreak, gangsters and prostitutes, and an eccentric cast, whom despite their flaws, readers can't help but root for. While O'Neill's previous novels both featured complex familial relationships, for this book she was drawn to the idea that people without blood ties could form their own family, and be free to imagine their own histories, regardless of where they came from.

"I like the idea of characters writing their own narratives, who previously had no narratives," O'Neill says. "They have the ability to write their own past."

Sue Carter is the editor at Quill & Quire magazine.

Heather O'Neill was eager to return to the environment of early 20th-century Montreal and does so with relish in her new novel, The Lonely Hearts Hotel. SUPPLIED

RideauStone Arts Centre presents:
Beijing Symphony Orchestra Canadian Tour
February 9, 2017 7:30 p.m.
Sony Centre for the Performing Arts
BUY NOW!
TICKETS FROM $20.50
Sonycentre.ca
Experience one of Asia's top orchestras.

MELANOMA
Patient Information Session
Melanoma Network of Canada
Sun Safe Sun Aware
Living With Melanoma: Exploring New Treatment Options & The Emotional Side of Cancer
Dr. Marcus Butler, Oncologist
Dr. Rinat Nissim, Psychologist
Niall McGee, Journalist & Survivor
Location: Michener Institute of Applied Health Sciences
Meet & Greet: 5:30 pm – 6:15 pm
Presentations & Q&A 6:30 pm – 8:30 pm
SESSION IS FREE - REGISTER TODAY
MONDAY FEB. 13TH, 2017 - TORONTO
melanomanetwork.ca | 1-877-560-8035 | info@melanomanetwork.ca

SHOP YOUR TEAM!
mymetrostore.ca

LIFE INSURANCE
MORTGAGE INSURANCE
Do you have Mortgage Insurance or Line of Credit Insurance with a BANK?
COMPARE & SAVE UP TO 50% ... LOWEST RATES GUARANTEED!
Monthly Premium for a 10 year Term (Renewable & Convertible) Preferred Plus Non Smoker

Age	$100,000		$250,000		$500,000	
	Male	Female	Male	Female	Male	Female
30	$10	$ 8	$12	$10	$19	$15
40	$11	$9	$15	$13	$23	$19
45	$14	$10	$23	$16	$33	$23
50	$18	$14	$32	$23	$53	$37
65	$68	$45	$116	$96	$281	$183

Also available: Life Insurance without medicals!
Other Plans: Term 20, 25, 30, Term 100, Whole Life, Universal Life, Critical Illness and Disability Insurance, Health & Dental, Visitor's Plans, RRSP and RESP
Brokers representing Manulife, BMO, RBC, Canada Life, Industrial Alliance, Foresters, Canada Protection Plan, Empire Life, Desjardins ...
Pls. Call: Guilroy or Rahul (Henriques Financial Inc.)
Tel: 416-898-8889 / 905-282-0800 (24/7)
Email: henriquesfinancial@rogers.com Website: www.henriquesinsurance.com

Queen Bey can help lift the veil on mom issues

OPINION

Pregnancy is awesome news — and a good time to reflect

Melita Kuburas and Genna Buck
Metro Canada

Beyoncé is about to become an even busier mom: The superstar announced Wednesday she is pregnant with twins, expanding her family with husband Jay Z and daughter Blue Ivy.

Beyoncé is known for her activism — she has sampled a rousing speech on feminism by writer Chimamanda Ngozi Adichie in Flawless, criticized police brutality, and also campaigned for Hillary Clinton. So here are four critical maternal-health causes that could benefit from having Queen Bey sprinkle her unique influence and impact on them:

Beyoncé announced her pregnancy on Instagram. INSTAGRAM

1) Global maternal health
The number of maternal deaths globally per year has gone down an astonishing 45 per cent since 1990, even as the population grew by 2 billion people. But that progress is fragile, and could be jeopardized by the strict conditions President Trump has ordered upon U.S. family planning funding in the developing world.

2) Vaccination
Celebrity support — mostly from Z-listers like Jenny McCarthy — has fanned the flames of anti-vaccination conspiracy theories, lending them legitimacy and leading to real-world consequences, like the resurgence of measles in North America. One Instagram photo of Bey and the twins getting their shots could help turn the crazy train around.

3) Parental leave
The United States is still the only industrialized country with no guaranteed paid maternity leave. Queen Bey could use her privileged position to advocate for women — especially low-income and minority women — who get by with a whole lot less.

4) Breastfeeding
The pressure to conform to "breast is best" ideology because of breastfeeding's health benefits has led to a brutal battle in the ongoing mommy wars. If Beyoncé opened up about her own nursing, or made a point to support women no matter how they choose to feed their babies — she could go a long way to healing the rift.

We recognize this multihyphenate woman will have a lot to worry about with a new brood and thriving career. But she has already shown she celebrates the beauty and power of pregnancy, so we think Beyoncé would approve of using this opportunity as a reminder of women's health, as it's under threat by Trump.

JOHANNA SCHNELLER
WHAT I'M WATCHING

It's good...but it's not Breaking Bad

THE SHOW: Sneaky Pete, Season 1, Episode 4 (Amazon)
THE MOMENT: The nine-minute monologue

Con man Marius (Giovanni Ribisi) owes money to bad, bad Vince (Bryan Cranston, who co-created the series). But Marius is hiding in Connecticut under the alias Pete (hence the title). To punish Marius, Vince is about to chop a digit off Marius's brother Eddie (Michael Drayer). (Note to actors in crime dramas: beware playing Eddies. Eddies rarely win.)

Vince's gorgeous girlfriend and four henchmen gather for the deed. But first, Vince spins a story that lasts nine minutes: When he was a rookie cop, his experienced partner Lonnie told him to break the arm of Terence, a teenage repeat offender. Vince couldn't do it.

Years later, Terence killed a cop. Lonnie took Vince to a desolate field, where other cops had dug a grave. Terence, badly beaten, knelt on the edge. Lonnie pressed a gun into Vince's hand and whispered in his ear, "Okay, motherf*cker, you broke it, you bought it."

This is the kind of silky-menace speech that actors live for. Everyone else in the room stands rigid, silently listening, while you purr around, pour yourself a drink, sit down, stand up, talk into people's faces, then gaze off. Viewers know Vince is going to hand the bolt-cutters to a henchman with that exact same line.

But it's strange watching Cranston do this here, since his previous series, Breaking Bad, mastered these scenes and then went beyond them, to places more kinetic and less predictable.

Nine minutes gives us plenty of time to wonder what Vince Gilligan's writing room would have worked up.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

EARN UP TO
$3500!
Apotex is currently recruiting healthy men and women to participate in studies on pharmaceutical products.
Are you a Healthy Male or Female between 18 and 55 years of age? If so, we want to hear from you!

REGISTER ONLINE AT WWW.APOTEX.CA
or Call: 416.741.4256
Toll Free: 1.877.APO.CLNC (1.877.276.2562)
Hours: 8:30AM to 5PM MONDAY TO FRIDAY
APOTEX
ADVANCING GENERICS

metro HOME
Your essential daily news

Anti-homelessness activists occupied vacant London, U.K., mansion

The belles of the Beach

CONDO TRENDS

'Hood attracts smaller developments

Duncan McAllister
For Metro Canada

The Beaches — known officially as the Beach these days — is one of the most charming and desirable neighbourhoods in Toronto. With its 3.5 kilometre boardwalk and leafy green avenues, trendy stores and a wealth of great schools and community amenities, it has long been an established place in which to raise a family.

Over the past few years, the condo trend has reached this east end enclave. And not just any condos. The residents of the Beach are very particular about what gets built, so its no surprise to see a number of tasteful new midrise developments like the Bellefair Kew Gardens Residences, an elegant conversion of the Bellefair United Church undertaken by Reserve Properties.

Also by Reserve is the Lakehouse Beach Residences, an intimate boutique building at 1960 Queen St. W., designed by architectural studio RAW.

Marlin Spring is the builder of West Beach, the latest Beaches condominium at Queen and Coxwell. Designed by Graziani and Corazza Architects, the 89-unit midrise will feature one bedroom to two bedroom plus den layouts.

An emphasis on outdoor living is reflected in the building's terraced exterior and artful landscaping.

The Beach is pulling in high-quality condos like West Beach, top, Bellefair Kew Garden Residences, bottom left, and Lakehouse Beach Residences, bottom right. CONTRIBUTED

+ INSTALLATION

CONTRIBUTED

Station to station, Beaches style

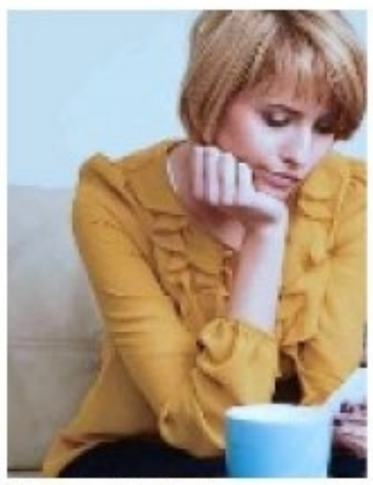
This year will mark the third annual Winter Stations art installation along the frosty boardwalk spaces at the water's edge.

Founded in 2015 by equal partners RAW, Ferris + Associates and Curio, Winter Stations is dedicated to bringing temporary public art to the city. This year's theme is Catalyst — as in catalyst for change — with thought given to how materials may be re-purposed or reused. The eight, jury-selected finalists represent a cross section of up-and-coming artists, designers and architects from around the world.

Aaron Hendershott is an associate with RAW Design and spearheads the Winter Stations project. For him, the event has special meaning, having himself been raised on Bellefair Avenue.

"Part of my involvement and enthusiasm for this project is because it is personal. As a resident of the Beach, there's something really exciting about trying to recapture some of that energy that I remember."

Winter Stations will debut on Family Day and will stay open to the public until March 27.



Getting rid of extra gas service contracts can be challenging. ISTOCK

LEGAL MATTERS

When you are getting bills you didn't sign on for

Jeffrey Cowan
For Metro Canada

Q: I opened my gas bill this month and much to my surprise there were additional charges on the second half of the bill for 'charges from other companies'. I am not quite sure how they landed on my bill but upon calling these companies, they all indicated that we had signed up for the services. They were primarily for home improvements, heating protection plan and TWO total home plans.

My spouse remembers speaking to someone on the phone but neither of us recall signing any form of contract or agreement. We don't need these additional services as our furnace and air conditioners are less than five years old.

When we asked about cancelling these, the telephone representative became testy and eventually threatened to send the unpaid bill to collections. The last thing we need is a collection agent calling us and ruining our credit rating. What should we do?

This is a very common problem and is very easy for unsuspecting consumers to think they need this coverage so they just pay the additional costs every month and not question the charges. In this case, the consumer was being charged an additional $235.07 per month between all three companies. My understanding is that there has to be a written contract; it can't be binding if done over the phone and that you have 30 days to cancel once you have agreed to the service.

I have several clients who are attempting to rid themselves of extra gas service contracts. In some instances, they can be beneficial especially if you have old clunker furnaces or air conditioners but there is a battle on your horizon if you want to extricate yourself from these arrangements without some strife.

time and space CONDOMINIUMS

the time is coming.

Condominiums coming to Front and Sherbourne.

REGISTER NOW AT PEMBERTONGROUP.COM

Pemberton
Everything a home should be

How to bring hotel chic home

Hotel Henriette features a dramatic modern dining space which has a dark graphic wallpaper from Arte and is one of the stylish spaces featured in Hotel Chic at Home. HANDOUT

Q&A

Author dishes on how the hoteliers do it

Inspired by the interiors of boutique hotels around the world, author Sara Bliss wanted to share easy and affordable tips on how to bring that style home.

In Hotel Chic at Home (The Monacelli Press), she tries to capture the transformative power of travel, and that moment in a stylish hotel when you say to yourself, "Why can't my life be more like this every day?"

Bliss, author of seven books, gathers design ideas from innovative small hotels, from Marrakech, Morocco to Palm Springs, Calif., and talks with some of the designers. She has chapters on subjects including foyers, lighting, dramatic walls and floors, and setting the scene with art.

"Even the chicest hotels have the same issues as most homeowners — awkward spaces, cookie-cutter architecture, lacklustre views or dark rooms," Bliss writes. "The difference is that hoteliers have figured out how to use design to solve those dilemmas — after all, they have to book every room, every night."

What is it about these hotels that caught your imagination?

Boutique hotels have become incubators for new interior design trends that not only transport visitors to Thailand or Tuscany, but solve familiar design challenges on a budget, while setting an unforgettable mood. It's a magical mix of feeling both transported and at home, and there are plenty of ideas that can easily be adapted at home. One of the things I love about these hotels is that they are pretty fearless in their design choices. We could all get more comfortable with the idea of having confidence in our design choices.

Is it important to stick to a single theme throughout when planning a design redo at home?

> **We could all get more comfortable with the idea of having confidence in our design choices.**
> Sara Bliss

Mixing up inspiration from Africa and France and Morocco is perfectly OK. It's coolest when it's organic and reflects things you love. Big, crazy design ideas are sometimes too fun to talk yourself out of — and they'll always be memorable and meaningful.

Can you suggest some quick and affordable ways to add glamour to a room?

Cubes painted shiny gold would glam up any room as side tables. And for walls, I love dark colours. So many of the hotels I visited feature a beautiful dark space lit by candlelight in the evenings. If painting an entire room is too much, employing stencils or graphics, even on a single surface, like a wall or ceiling, can have big impact.

Any suggestions for making garden spaces more inviting?

Consider colourful blankets or poufs, and also eye-catching cabanas to create an inviting seating area. And lining up lanterns with tiny candles inside makes everything look magical, especially at night. A row of lanterns along walkways or at entrances, or even along tables as a centerpiece, really sets the mood.

What about jazzing up powder rooms?

For bathrooms, you always want to have fresh flowers and maybe a votive or two, and fragrant little soaps. A fabulous and unexpected light fixture can instantly transform a bathroom into a memorable space. Consider a crystal chandelier, framed art or velvet curtains. Be brave. Don't be afraid to go for that extra dash of glamour.

THE ASSOCIATED PRESS

CASH BACK REBATE WEEKEND

GET UP TO $30,000 CASH BACK REBATE UPON DELIVERY*

BONNEVILLE 55 years

CANADA'S #1 PRE-ENGINEERED HOME COMPANY

151 Entreprise Drive, Belleville
Exit 538 on the 401
613-962-0059
bonnevillehomes.com

*Some conditions apply.

BILD

Addressing the housing crunch in the Toronto area

Bryan Tuckey
For Metro Canada

We have a shortage of housing supply in the GTA that is approaching crisis levels and it's time for governments to acknowledge the problem and take action to address it.

Not enough new housing is being built to keep up with consumer demand or the housing needs of this growing region and the lack of supply is impacting not just the price of new homes but also the resale housing market and the rental market.

The population of the GTA has grown significantly in the past decade, but our housing supply has dropped. Today in the GTA there are less than half the overall number of new homes available in builder inventories than there were a decade ago.

In December 2006 there were 30,400 new homes available to purchase and in December 2016 there were just 13,670.

The home building and land development industry is complying with provincial intensification policy and building and selling far fewer low-rise homes than a decade ago, but demand for those types of homes has not dropped with the supply so prices have increased dramatically.

The average price of a new low-rise home in the GTA has more than doubled in 10 years, and it reached a record $995,116 in December 2016.

2016 was a record year for the GTA new condo market. It was the biggest year for sales ever with 29,186 units sold and builder inventories of high-rise units fell to their lowest level in 10 years. High-rise average prices set new records. In December 2016 the average price for new condos hit $507,128.

For much of the last decade prices for condos remained stable because units grew smaller while price per square foot steadily increased. That changed in late 2015 as the industry began to introduce greater numbers of larger units to service buyers priced out of the low-rise home market.

So given that there is so much unmet demand why doesn't the industry just build more product and increase the supply of homes?

Unfortunately there are many barriers in the way. Lack of developable land that is serviced with critical infrastructure, excessive red tape, out-of-date zoning, and NIMBYism are the key hindrances limiting our ability to build more housing.

It is time for government to take action to address our housing supply problem.

Across the GTA governments must streamline the planning approval process and remove red tape, pre-designate and pre-zone land, and approve all outstanding environmental assessments that relate to critical infrastructure. As well, they need to update zoning bylaws to support intensification policies and support these policies with public education.

BRYAN TUCKEY IS PRESIDENT AND CEO OF THE BUILDING INDUSTRY AND LAND DEVELOPMENT ASSOCIATION AND A LAND-USE PLANNER WHO HAS WORKED FOR MUNICIPAL, REGIONAL AND PROVINCIAL GOVERNMENTS. FOLLOW HIM ON TWITTER @BILDGTA, FACEBOOK.COM/BILDGTA, AND BILDBLOGS.CA.

Daniels WATERFRONT
CITY OF THE ARTS

LIGHTHOUSE
EAST TOWER
CONDOMINIUM RESIDENCES

COMING THIS SPRING
A NEW LEADING LIGHT AT TORONTO'S WATERFRONT

THE NEWEST OPPORTUNITY TO LIVE AT DANIELS WATERFRONT

The evolution of art, culture, and life on Toronto's waterfront. Hot off the heels of the Lighthouse West Tower, Daniels welcomes **Lighthouse East Tower** at ***Daniels Waterfront – City of the Arts*** – an iconic, waterfront address, steps from Lake Ontario, Sugar Beach, gorgeous parklands, trails, dining, shopping, entertainment, and more. Experience life connected to the lake, the city, and the arts at **Lighthouse East Tower**.

SUITES FROM THE $300s

JOIN THE INNER CIRCLE™

JOIN THE INNER CIRCLE AND TAKE ADVANTAGE OF EXCLUSIVE PERKS *BEFORE* THE GENERAL PUBLIC

A one-time membership fee of $500* will be applied to your purchase of any Lighthouse East Tower suite. And, you'll also receive:

- An invitation to the **FIRST ADVANCE SALE**
- **FIRST CHOICE** of suites, floors and views
- Members-only invitations to Daniels' hosted events
- Access to insider information

REGISTER TODAY!

DANIELSWATERFRONT.ORG

416.221.3939

Daniels
love where you **live**™

In Partnership with WJ Properties

Exclusive Listing: CityLife Realty Ltd. Brokerage. Brokers Protected. Illustration is artist's concept. Specifications and prices are subject to change without notice. E.& O.E. All brand names, logos, images, text and graphics are the copyright of the owners, The Daniels Corporation. Reproduction in any form, without prior written permission of The Daniels Corporation, is strictly prohibited. Actual view may not be exactly as shown. ***Should you decide not to purchase at Lighthouse East Tower, your $500 will be fully refunded. No questions asked. The Inner Circle Program is open for a limited time only.**

metro SPORTS

The Patriots rallied late to defeat the Falcons 27-24 in EA Sports' Madden 17 Super Bowl simulation

Maple Leafs' young talent holding steady

NBA CELTICS SNATCH VICTORY FROM RAPTORS
Celtics guard Marcus Smart grabs a rebound over Raptors centre Jakob Poeltl on Wednesday night in Boston. The Celtics won 109-104 thanks to Isaiah Thomas's 44 points. Kyle Lowry led the Raptors with 32 points. MADDIE MEYER/GETTY IMAGES

MLS

TFC: No offer on table for Giovinco

Toronto FC says there has been no formal transfer bid for Sebastian Giovinco, reiterating it has no interest in selling its star Italian striker.

Giovinco's agent made headlines recently in citing "an important offer" from the deep-pocketed Chinese Super League.

"We're a club that wants to be contending for championships each year," Toronto GM Tim Bezbatchenko said on a conference call Wednesday. "It's not about money or about buying low, selling high. We want to partake in the import and export of players, for sure, but we're not a selling club. We want to be at the top of MLS in every category."

Earlier Wednesday, TFC re-signed French midfielder Benoit Cheyrou to a one-year deal plus an option. THE CANADIAN PRESS

IN BRIEF

Manchester City imposes its will on West Ham
Gabriel Jesus marked his full Premier League debut with a goal and an assist as Manchester City's new-generation attacking machine tore through West Ham in a ruthless 4-0 Premier League victory on Wednesday.

Meanwhile, Manchester United was held 0-0 by Hull. THE ASSOCIATED PRESS

Argos sign former NFL linebacker Butler
Linebacker Victor Butler, who was suspended in 2015 for violating the NFL's drug policy on performance-enhancing substances, was among three Americans signed by the Toronto Argonauts on Wednesday.

Also joining the CFL team are receivers Chuck Jacobs and RJ Harris.
THE CANADIAN PRESS

NHL

Marner named rookie of the month as tough games approach

Three down, five to go.

It says something about the Maple Leafs that three different rookies have been named rookie of the month this season. Mitch Marner is the latest for a four-goal, 11-assist January, hot on the heels of a December showing by Auston Matthews and the October award of William Nylander.

"The team had success, too," said Marner, deflecting praise from himself. "So, just the month in general was a good month for us.

"We were just moving the puck really well. We played the way we wanted to."

If not for a fabulous November for Columbus defenceman Zach Werenski, the Leafs might have been able to run the table with a different player each month. Connor Brown, Zach Hyman and Nikita Zaitsev have had good years and look to be getting stronger. So who's next?

"Pick any one of them," said Matthews.

Throw in Nikita Soshnikov and Frederik Gauthier, who contributed strong performances lately on the fourth line, and the Leafs have been all about rookies.

"That's been the story, we've got good young talent," centre Nazem Kadri said. "I expect them to get better. There's an 82-game season, there's going to be bumps in the road, they've handled themselves great."

Mitch Marner had four goals and 11 assists in January. CLAUS ANDERSEN/GETTY IMAGES

It certainly is one thing to put together a good stretch early in the season. It's quite another to do it late in the season, with the growing expectations of a playoff-hungry fan base and a spot in the post-season up for grabs. But that is what these young rookies face now: tougher games against opponents with a lot more experience.

Without Morgan Rielly, who skated again Wednesday and remains day to day with an undisclosed lower-body injury, the Leafs are not as good. To their credit, they have not gone longer than two games in a row without at least a point — and they've only done that three times this season.

After Tuesday's debacle in Dallas, a 6-3 loss, head coach Mike Babcock sent a message to his team by juggling the top three lines in Wednesday's practice. Nazem Kadri centred James van Riemsdyk and Marner. Tyler Bozak was between Leo Komarov and Brown. Matthews centred Hyman and Nylander.

"My big thing is, your job as the coach is to get everyone to maximize their potential," Babcock said. "Right now that is not the case. We can get more out of guys. We have to find ways as a coaching staff to get more out of them."

The players didn't mind the line changes.

"Everyone you play with here is a guy with great skill and can move the puck really well," Marner said. "It doesn't really matter who you go out on the ice with. You know that they're great players. It's really up to the coach to decide whatever he wants to do with the lines, but whoever you get on with, everyone's got great skill and can do magical things with the puck." TORSTAR NEWS SERVICE

BLUES FIRE HITCHCOCK

- The Blues abruptly fired coach Ken Hitchcock on Wednesday, cutting short the veteran's final season in St. Louis and putting coach-in-waiting Mike Yeo in charge of the underperforming team months earlier than planned.
- St. Louis went just 5-8 in January and at 24-21-5 was mired in eighth place in the Western Conference entering the day.
- The Leafs will take on the Blues on Thursday in St. Louis. THE ASSOCIATED PRESS

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

1	6	3	7	9	4	8	2	5
4	9	7	8	5	2	3	1	6
5	8	2	1	3	6	7	9	4
6	5	1	3	7	8	9	4	2
7	3	4	5	2	9	1	6	8
8	2	9	4	6	1	5	3	7
2	7	6	9	8	3	4	5	1
9	1	8	6	4	5	2	7	3
3	4	5	2	1	7	6	8	9

DOWNLOAD METRO'S NEW APP NOW
OFFLINE READING
•LOCAL NEWS • VIEWS •LIFE • SPORTS
>>>

Motivated by Mom

SUPER BOWL

Brady hopes ill mother can be in Houston

Tom Brady hopes his mother will be in the stands on Super Bowl Sunday despite dealing with an undisclosed health issue.

The New England Patriots quarterback acknowledged on Wednesday that his mother Galynn Brady has been ill. He didn't provide any details.

"It's personal with my family, and I'm just hoping everyone's here on Sunday to share in a great experience. But it has been a tough year. Every family goes through different things and you know my family has always been a great support system for me and hopefully we can make everyone happy on Sunday."

Brady got choked up talking about his father during media night on Monday, and he said Tuesday that his mother had not been able to attend any games this season. On Wednesday, he confirmed that his mother has been ill.

Though he isn't sure if she'll be able to make the game, he acknowledged how much it will mean to him if she is in the stands as the Patriots face the Atlanta Falcons.

Tom Brady GETTY IMAGES

"It's (will be) a special moment," Brady said. "It's always been that way. I think this year is — it will be as special as it's ever been."

The 39-year-old Brady said it's important to him to have his family at the game as small way to thank them for everything they do for him throughout the year.

"It's a great game because it's the final game of the year and it's a culmination of a lot of things," he said. "It's the Super Bowl and it's great for your team, but there's also a lot of people who have made an investment in you ... and you want to be able to reward them as well."

When he gets tickets for his family away from Gillette Stadium he always scopes out where they are so he can acknowledge them before he gets to work. He said he'll do that again on Sunday.

"When I go out in pregame and look around I kind of know where they're going to be and I try to make some eye contact and let them know I'm looking at them," he said. "You like to know where they're at, too. It's going to be great." THE ASSOCIATED PRESS

BIG GAME IN BRIEF

Falcons have faith star Jones will be ready

The Atlanta Falcons say All-Pro receiver Julio Jones is not slowed at all by a sprained toe.

On Wednesday, coach Dan Quinn said "it would take an awful lot, an act of nature, for him not to be 100 per cent rolling on Sunday." THE ASSOCIATED PRESS

Goodell mum on Trump

NFL commissioner Roger Goodell sidestepped questions about Donald Trump on Wednesday.

Goodell did not offer any substantive thoughts about Trump, saying he is focused on the Super Bowl, which "will bring the world together." THE ASSOCIATED PRESS

There's a great deal more work to be done.

Roger Goodell on rumblings of a Raiders' move to Las Vegas

Drones banned around NRG

The U.S. Federal Aviation Administration is warning that drones won't be allowed within a 34.5-mile radius of airspace around NRG Stadium on Sunday in Houston. THE ASSOCIATED PRESS

metro Spiritualist Forum To advertise contact Ian March at 416-443-4388

NO. #1 NORTH YORK ASTROLOGER & PSYCHIC
Pandit: RAVI SHASTRI
Also at (VICTORIA & DANFORTH)
SAT-SUN FREE READING
Overpowers Impossible Problems
Removes Problems like Money, Court Love, Business, Education, Depression Enemy, Education, Health, Marriage, Job
An Expert Spiritualist treats Black Magic, Witchcraft, Jaadu, Obeau and gives 100% Immediate Protection
647-969-7846
2131 Jane Street,#104, Toronto, Upstairs Jagadish Textiles (Jane & Wilson) | 2962 Danforth Ave, #3, TorontoNearby METRO 24hrs (Victoria & Danforth)

Renuka Devi Astrologer & Psychic
PANDIT: RAVI SHANKAR
Palm Reading, Face Reading, Patra Reading & Photo Reading
MASTER BRINGS BACK LOVED ONES
An Expert Pandit Tells Past, Present & Future, Solves Problems like Love, Money, Job, Sickness, Business, Court, Enemy, Jadoo Children, Marriage, Black Magic, Obeya etc. QUICK RESULTS
IF YOU HAVE PROBLEMS, I HAVE 100% GUARANTEED SOLUTIONS
647-632-4625 867 Albion Rd, Etobicoke M9V 1A6. Upstairs SHAWARMA ROYAL, Next to ROTI ROTI (ALBION & ISLINGTON)

MOST POWERFUL INDIAN SPIRITUALIST & PSYCHIC
Master: SHIVRAJ
Get Solutions & Suggestions for:
Job, Business, Family, Health,Court, Jealousy, Enemy,Husband-Wife
Problem, Divorce,Financial Matter,Depression, Sexual Problem, Stress, Bad Luck, Generation Curses etc
Performs Powerful Prayers to remove Black magic,Jadoo, Vodoo, Witchcraft, Obeya, Evil Spirits & Gives Protection
100% Guaranteed Results, Privacy & Confidentiality Assured
647-712-9009 2726 Danforth Ave, Toronto M4C 1L7 Opposite CANADIAN TIRE (DANFORTH AVE & MAIN ST.)

JANE & LAWRENCE # NO. 1 ASTROLOGER
GUARANTEE, 100% SATISFATION
MASTER JAI DEVA GURUJI
Generation to Generation
BORN TO SERVE PEOPLE
Helps In Health, Depression, Job, Love, Marriage, Husband-wife Divorce, Enemy, Jealousy, Children
CALL MASTER
REMOVE BLACK MAGIC, EVIL SPIRITS, VODOO, NEGATIVE ENERGY AND GIVES 100% PROTECTION
647-669-1729
1672 JANE ST. TORONTO (JANE & LAWRENCE) DOWNSTAIRS MAGIC NAILS, BESIDE NO FRILLS

MOST POWERFUL INDIAN ASTROLOGER
Master: ARJUN
World Indian Spiritualist & Psychic
Master is expert in reading Past, Present and Future. Can solve problems related to Love,Business,Job Money, Family ,Marriage, Sexual, Stop Divorce etc
PROTECTS FROM EVILS & DESTROYS ALL PROBLEMS
Removes Black Magic & Get 100% Permanent Protection for Vodoo, Obeya & Witchcraft
HE BRINGS LOVED ONES BACK
647-286-5665 1062 Albion Rd, Etobicoke ON, M9V 1A7 (Inside POOJA HUT) ALBION & ISLINGTON

JAI KAALI MAA SPIRITUAL HEALER
Priest: VIJAYENDRA MAHARAJ
416-624-4446
SPECIALIST IN PARAPSYCHOLOGY
Master of the Dark arts & Faith Healer
IF YOU HAVE ANY DESIRES, I WILL MAKE IT HAPPEN
Solves Problems: Health, Family, Job, Depression, Education, Money, Court, Business, Personal & any other problems etc.
I CAN CONTROL, DESTROY & REMOVE BLACK MAGIC, EVIL SPIRIT, NEGATIVE VIBRATION, KARMAS & CURSES AND GIVES 100% LIFELONG PROTECTION. PRIVATE & CONFIDENTIAL. 100% GUARANTEE
1735 KIPLING AVE ETOBICOKE M9R 2Y8 (KIPLING & DIXON)

UNIQUE PSYCHIC & POWERFUL INDIAN ASTROLOGER
Master: GURU RAGHVENDRA
Expert Palm & Face Reading and Date of Birth
TAKE RIGHT DECISION AT RIGHT TIME
Nobody can Break my Protection, its my Challenge
EXPERT IN BRINGING BACK LOVED ONES
HEALTH, COURT, LOVE, CHILDREN MISTAKE, MONEY, JOB BUSINESS, EDUCATION, DEPRESSION,ENEMY,JEALOUSY, SEXUAL, HEALTH, PERSONAL MATTER MARRIAGE ETC
Gives 100% Protection & Removes Black Magic, Blockage, Vodoo, Obeya, Witchcraft & Evil Spirits.
647-646-9746 FREE READING MON - TUES FREE READING SENIOR CITIZENS
1148 Albion Rd, Etobicoke M9V 1A8, Next to ROTI DOUBLES, WEST PLAZA (ALBION & ISLINGTON)

SPIRITUALIST FROM ANCIENT INDIA
Master: KASHI
I CAN HANDLE ANY PROBLEM:
Love * Marriage * Kids
Education * Business* Job
Money * Health * Sexual
Family Prob * Enemy*Court
100% Removal of Black Magic, Jadoo, Obeya, Vodoo, & Gives Full Protection
Special Protection to People over 50 Years
647-720-6311 1069 Dundas St W Mississauga
www.kashiastrologer.com L5C 1C3 (DUNDAS & ERINDALE)

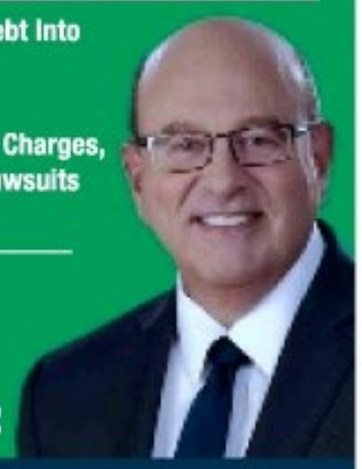
INDIAN ASTROLOGER & PSYCHIC
YOUR WORRIES END HERE
Pandit: RAGHURAM
Specialist in: PALM READING * FACE READING * HOROSCOPE
* Husband-Wife Dispute
* Love Marriage
* Family Problem
* Health, Court
* Divorce, Education
* Immigration, Lottery
* Gives you Sleepless Nights
* Solves all Problems
Removes Jadoo Black Magic, Buttu Vodoo, Obeya, Wichcraft Gives 100% Lifelong Protection
GUARANTEED IMMEDIATE SOLUTIONS. PRIVACY ENSURED Effective Telephonic Conversation
www.astrologerraghuram.com
416-371-8396 2655 Lawrence Ave E, #2B Scarborough M1P 2S3 , Gakide Mosque (LAWRENCE AVE E & MIDLAND AVE)

OM SHAKHTHI ASTROLOGY CENTER
Master: DEVDAS SWAMY JI
TAKE RIGHT DECISION AT RIGHT TIME
He understands Problems & Gives Right Guidence
Marriage, Business, Job, Enemy, Sexual, Family Children, Health, Love, Money, Depression etc
I CAN HANDLE ANY PROBLEM
Removes Black Magic, Bad Luck, Obeya and Voodo in 7 Days & Gives Immediate Protection
647-709-3459, 647-741-9097
5210 Finch Ave E, #1, Scarborough, M1S 4Z6 (MIDDLEFIELD & FINCH, INSIDE GOLDEN BAKERY)

DOWNLOAD METRO'S NEW APP NOW
OFFLINE READING
•LOCAL NEWS • VIEWS •LIFE • SPORTS >>>

FINANCIAL

GET OUT OF DEBT!
CALL The Licensed Debt Professionals™
DAVID SKLAR & ASSOCIATES INC.
Proposal Administrators • Financial Counsellors • Licensed Insolvency Trustee
- Reduce & Consolidate Your Debt Into 1 Low Monthly Payment
- Avoid Bankruptcy!
- Stop Collection Calls, Interest Charges, Garnishments, Tax Debts & Lawsuits
- Government Licensed



Free Consultation
310-9200
HEAD OFFICE: 245 Fairview Mall Drive, Suite 720, Toronto, ON, M2J 4T1
www.DavidSklar.com | DAVID SKLAR, CPA, CIRP, LIT

STEVEWELKER.CA
DEBT RELIEF WHEN YOU CAN'T REPAY

Free Advice
647-793-6411
CAN YOU REPAY YOUR DEBT ON YOUR OWN?
IF NOT, OUR SERVICES
- Stop: Collection Calls, Interest, Lawsuits & Garnishments
- Reduce Your Debt & Stress
- Don't Require Money Up-Front
- Consolidate Your Debt
- Bankruptcy Is Always The Last Resort

MAIN OFFICE: 1969 WESTON ROAD
Meltzer and Company Inc. Licensed Insolvency Trustees
647-793-6411
Barrie | Brampton | Burlington | Downtown | Etobicoke | Markham | Mississauga | North York | Scarborough | Whitby

shed the debt®
for pennies on the dollar
credit cards • tax arrears • student loans
wage and bank garnishments

call 1-855-541-5114
for fast friendly debt relief anywhere in Ontario
free meeting, no obligation
evening and Saturday appointments
Goldhar®
www.shedthedebt.ca
Goldhar & Associates Ltd. Licensed Insolvency Trustee

Debt out of control?
Take back control and get a fresh start!™

We can help:
- Stop garnishments, collection calls and court actions
- Eliminate or reduce tax debts
- Settle debts without bankruptcy
- Get you a fresh start

Mihir (Mike) Chande, CPA, CA, CIRP
Licensed Insolvency Trustee
FREE CONSULTATIONS
416.366.DEBT (3328) | www.chande.ca
Brampton • Etobicoke • Mississauga • Scarborough • Toronto • Vaughan
C&Co CHANDE & COMPANY

CALL ERIKA
(LICENSED DEBT EXPERT)
STOP COLLECTION CALLS
GET DEBT RELIEF NOW!
Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.
1-877-332-8416
416-288-8048
Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)
Rusinek & Associates Inc Licensed Insolvency Trustee www.rusinek.ca

EDUCATION

George Brown College Part-time Teaching Opportunities
- Refrigeration & Air Conditioning Mechanic
- HVAC Technician
- Building Renovation – Carpentry
- Steamfitting
- Gas Technician
- Plumbing
- Welding
- Millwright

Email cover letter and resume to: CCETHR@georgebrown.ca
Visit: www.georgebrown.ca/employment for more details.
GEORGE BROWN COLLEGE School of Apprenticeship & Skilled Trades

LEGAL

CRIMINAL LAWYERS

- Domestic Assault
- Sexual Assault
- Drinking & Driving
- Theft & Fraud

FAMILY LAWYERS | Uncontested Divorce $395* Separation Agreement $695
*Plus Court Fee $447 and Service Fee
MAZINANI & ASSOCIATES 225 Sheppard Ave. West | 416.485.8545

DEBT RELIEF
Are you drowning in debts?
- Consolidate debts, no interest
- Settle your debts without a bankruptcy
- Stop collection calls and garnishments
- Get rid of tax debts and court actions

NONA KUMAR
Estate Administrator
Credit Counsellor
Free Consultation: 416.455.7709
nona@rumanek.com
Rumanek & Co. Ltd. Licensed Insolvency Trustee,
Head office in North York, Ontario
9 Locations in Ontario

EDUCATION

MEDICAL OFFICE ADMINISTRATORS IN DEMAND
BE JOB READY IN MONTHS, START NOW!

• High-Calibre Faculty • Various Funding Options • Practicum Included • State - of - the -Art Labs
DOWNTOWN: 416.559.3508
NORTH YORK: 416.559.4079
ANDERSONCOLLEGE.COM
Visit Us & Receive A $5 Gift Card
Anderson College of Health, Business and Technology is registered as a Private Career College under the PCC act 2005 and is operated by Robotech Institute Inc. Not all programs are available at each location. *conditions apply

PARALEGALS WANTED
YOU COULD BE ONE

Paralegal Program Highlights
- High-Caliber Faculty
- $3235 in Bursaries*
- Visit us & Receive $5 Gift Card
- LSUC Accredited

647-691-0903
AOLTORONTO.COM
The Academy of Learning Career & Business College (Sky Tower) is registered under the PCC act 2005 and operated by 1069736 Ontario INC. *conditions apply

MORTGAGE APPROVED!
- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-913-9593
WWW.HOMELANDMORTGAGE.ORG
License # 11991

MAKE IT TONIGHT

Budget-friendly Spiced Flank Steak with Chimichurri Sauce

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This recipe features inexpensive flank steak with an herb sauce that packs five-star flavour.

Ready in 25 minutes
Prep time: 10 minutes
Cook time: 15 minutes
Serves 4 to 6

Ingredients
- 1 beef flank steak (900 kg)
- 1/2 tsp salt
- 1/2 tsp coriander
- 1/2 tsp cumin
- 1/4 tsp oregano
- 1/4 tsp pepper

For the Chimichurri
- 1/2 cup packed fresh basil
- 1/2 cup packed fresh flat-leaf parsley
- 1/2 cup packed fresh cilantro
- 1/4 cup extra-virgin olive oil
- 1 clove garlic, roughly chopped
- 2 tsp lime juice
- 1 Tbsp white wine vinegar
- 1 tsp anchovy paste
- 1/2 tsp salt
- 1/8 tsp pepper

Directions

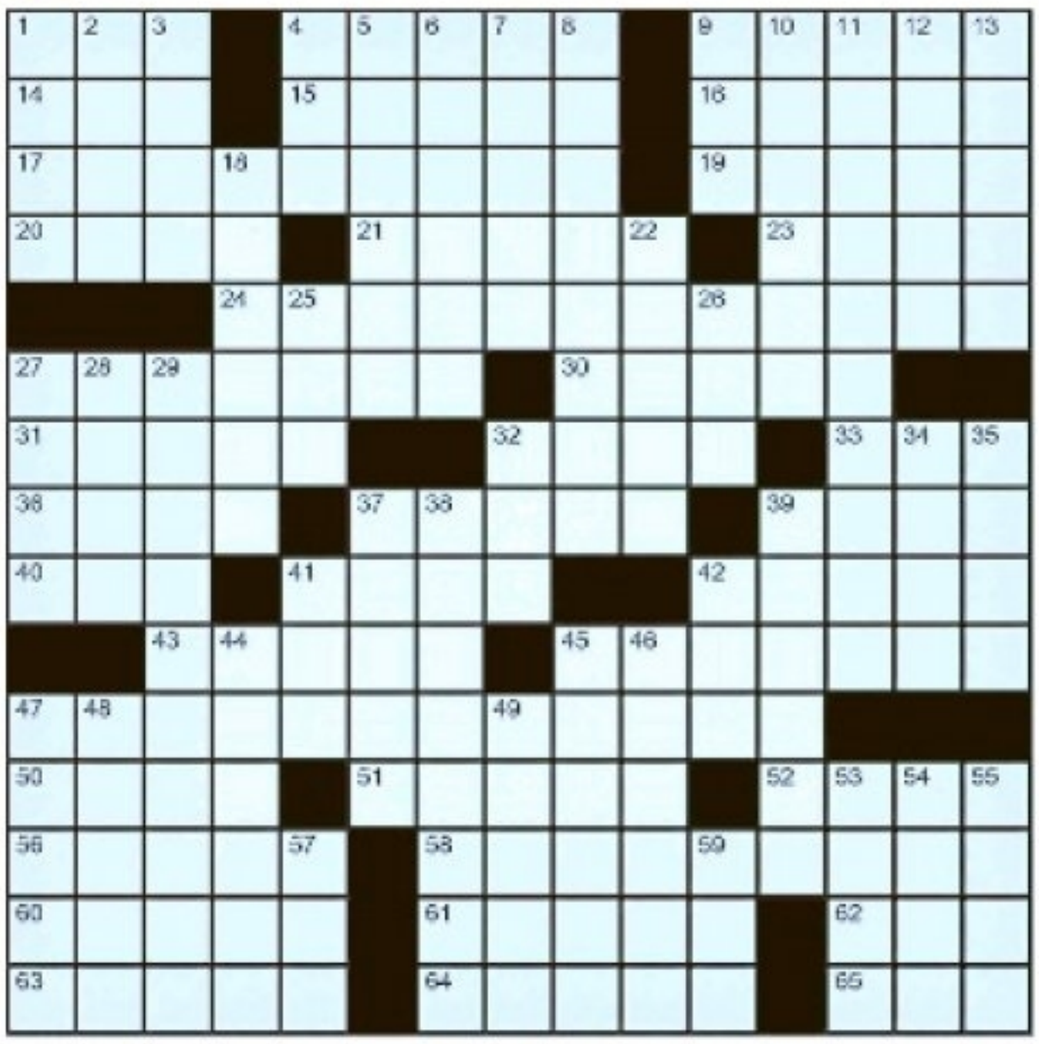
1. For chimichurri: Place all chimchurri ingredients in blender. Process, shaking blender if necessary, until smooth. Pour into a serving bowl.

2. For steak: Preheat broiler. Coat a broil pan with cooking spray. Combine salt, coriander, cumin and oregano and pepper, and sprinkle over both sides of steak. Place steak on pan and broil 4 minutes per side. Transfer to a cutting board and allow to rest 5 minutes. Cut against grain into 1/4-inch wide strips. Serve with chimichurri spooned on top and a fresh greens and sliced cherry tomatoes.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Implore
4. Rice/seaweed roll
9. Charming spots to sit and sip, such as in Old Montreal
14. Madonna movie role
15. 19th-century composer Mr. Bruckner
16. Toward the stern
17. Sleeping time in the army: 2 wds.
19. Montcalm's 1759 Battle of Quebec opponent
20. To boot
21. Seven-plus-One
23. "Sole Survivor" band
24. Town in southern Alberta about an hour west of Lethbridge: 2 wds.
27. Conquers
30. Chirpers
31. _ squash
32. Restaurant chain, with Bell
33. Strong little boat
36. "_ the Boss?"
37. Give a guess
39. Destiny
40. Negative word
41. Crooked
42. Fable's lesson
43. Bobby Hull's son
45. Detectives
47. Village in western Saskatchewan, sounds like a perfect place from the name: 2 wds.
50. Opposin'
51. Prometheus, for one
52. Montreal's world fair in '67
56. Hostel
58. Secretly listen in on
60. Georgia who played Georgette on "The Mary Tyler Moore Show"
61. Put into heard words
62. Appropriate
63. Open court hearings
64. Mr. Towel
65. Go-ahead-er's answer

DOWN
1. "Dracula" (1931) name
2. Downright nasty
3. Practical jokes
4. Idled
5. Like a letter that never went into the mailbox
6. Ancient Greece: Followers of Zeno of Citium
7. Dancer/actress/singer Julianne
8. A sure thing: 3 wds.
9. Cornfield cry
10. "All _!" (Call from the train)
11. Runner's mistake on the track: 2 wds.
12. _ White, Jennifer Hudson's Oscar-winning role in "Dreamgirls" (2006)
13. Montreal _ Spice (Seasoning sort)
18. Dreamers
22. In the blink of an eye
25. Mr. Somerhalder
26. _-Magnon man
27. Aurora
28. Reverberate
29. Overpass for pedestrians
32. Famed tomb king, commonly
34. Beehive State
35. Hair salon goos
37. Comprehend: 2 wds.
38. Most fidgety
39. Broke a sports rule
41. _ & Breakfast
42. "Alice" diner operator
44. New York _, Mark Messier, once
45. Electric _ (Beard trimmer)
46. _ algebra
47. The _ Diet ('Caveman' diet)
48. Suffering
49. Stage, as of a cycling event, in France
53. Hospital photo
54. Vatican bigwig
55. Chooses
57. "Desperate Housewives" cast member ...her initials-sharers
59. Sun's spot

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Your enthusiasm for something will make bosses and parents sit up and listen. Just make sure your ideas are doable and realistic. Nevertheless, enthusiasm is contagious!

Taurus April 21 - May 21
You're excited about big travel plans, because you want to go places! You also enjoy studying lofty topics and having profound discussions about philosophy, religion and politics.

Gemini May 22 - June 21
If you have to decide how to divide an inheritance or share something today, you will be more than generous. This is why you must be sure to take care of your own best interests.

Cancer June 22 - July 23
Conversations with partners and close friends are upbeat and friendly today. You're in the mood to schmooze and have fun!

Leo July 24 - Aug. 23
You have great ideas at work today because you are enthusiastic about something. You will find it easy to get others to climb on board and endorse what you want to do. Work-related travel is likely.

Virgo Aug. 24 - Sept. 23
This is a playful, fun-loving day! Make plans to socialize with others. Enjoy sports events, fun activities with children and romantic get-togethers. Have fun!

Libra Sept. 24 - Oct. 23
You have big plans today about future repairs for where you live. However, this also is a great day to have the gang over for good food and drink.

Scorpio Oct. 24 - Nov. 22
You are optimistic today. You're pondering big ideas and big projects. This is all well and good, but just make sure that what you want to do is doable.

Sagittarius Nov. 23 - Dec. 21
This is a great day for business and commerce. Whatever you do today could possibly boost your income, because you have moneymaking ideas.

Capricorn Dec. 22 - Jan. 20
Today Mercury is in your sign, dancing with lucky moneybags Jupiter. This makes you full of big ideas. Others will be attracted to your enthusiasm and positive frame of mind.

Aquarius Jan. 21 - Feb. 19
This is a pleasant day! Whatever you do, you will feel confident about the future and your upcoming plans. You value your privacy today.

Pisces
Feb. 20 - March 20
This is a great day to hang out with younger people and have fun. You will enjoy interacting with clubs, groups and associations. You feel positive about your future goals.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		8	1	4			5	
	6			2	5			9
7					6	3		
3						1	9	
6	8			7			4	3
	2	4						6
		1	6					2
9			8	1			6	
	7			3	9	4		

©2014 Conceptis Puzzles, Ltd. by King Features Syndicate, Inc.

HIRING SEWING MACHINE OPERATORS AT CANADA GOOSE

Canada Goose is looking for experienced and inexperienced sewers ready to apply their skills to delivering unparalleled quality to our iconic Canadian brand. Our paid training program gives you the opportunity to become a skilled Sewer crafting luxury garments. You will play a critical role in producing Canada Goose outerwear meeting the high standards of quality Canada Goose is known for all over the world.

Please contact HR@canadagoose.com to submit your resume.

UP TO $1000 Loan
No credit checks
Paid over 3 to 5 months
No documents to return
Instant approval
1-800-NEW-CREDIT (639-2733)
Brokers Lamina

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# 10154
Mortgage Genie
www.mortgagegenie.org
416-667-9834

DOWNLOAD METRO'S NEW APP NOW
OFFLINE READING
•LOCAL NEWS • VIEWS
•LIFE • SPORTS
>>>

High-Speed Internet & Home Phone

✓ **FREE** Installation ✓ **FREE** Equipment Rental

comwave® Bundle

PHONE
// Keep your existing phone number[1]
// Unlimited local calling
// Voicemail, caller ID, call waiting and more

+

INTERNET
// Download Speed - up to 6 mbps
// Upload Speed - up to 800 kbps
// Data Usage - 75 GB[2]
// ADD UNLIMITED for only $10 more![3]

$49.95/MONTH

+ applicable taxes

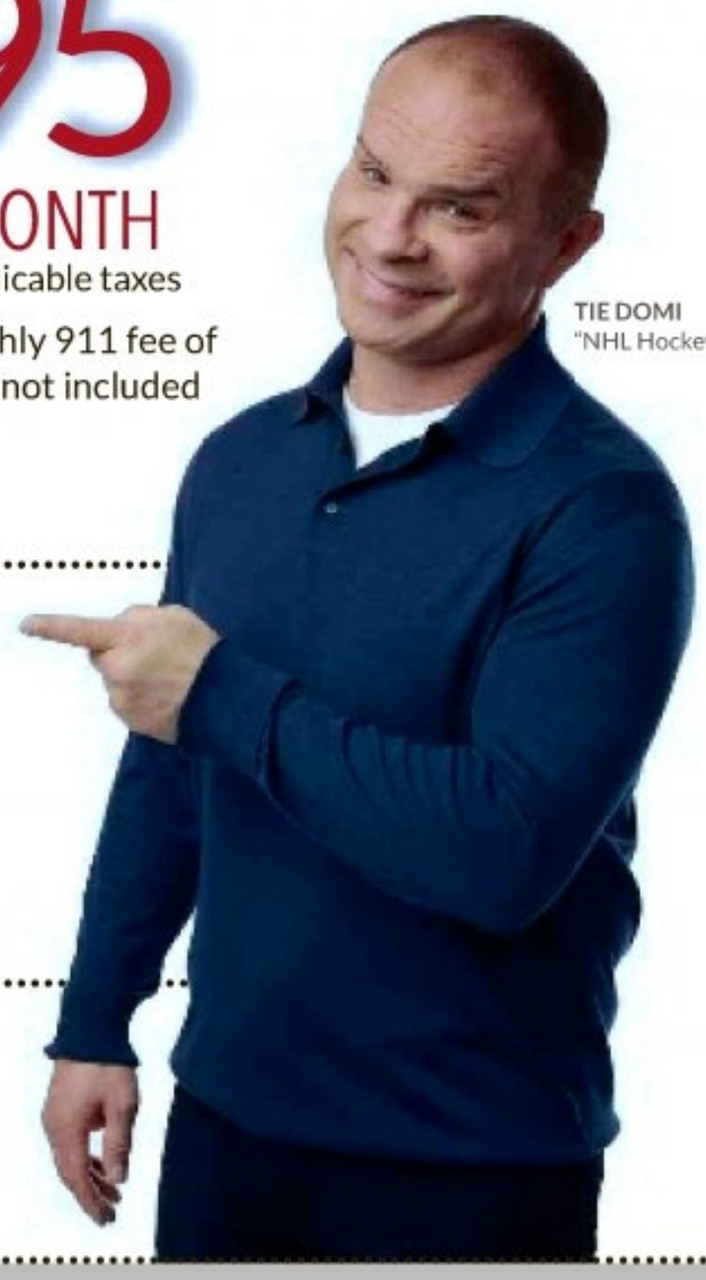
Monthly 911 fee of $1.45 not included

+6 MONTHS FREE HOME PHONE

When you transfer your number to Comwave, on a 3 year term

& FREE Installation and Equipment Rental

over $240 in savings!



TIE DOMI
"NHL Hockey Pro"

1-866-840-2894

comwave®

Find us on & comwave.net

[1]Service not available everywhere. Monthly local loop Access Fee of $5.95 (if needed) is not included. A one-time activation fee of $59.95 applies. Shipping fees applies. [2]A rate of 25 cents per GB will be charged if usage exceeds the plan's monthly data limit. [3]Unlimited Data Usage is governed by our Fair Usage policy. VoIP 911 has certain limitations. **Details at comwave.net**.